

NORTH HALIFAX PRIMARY CARE NETWORK



Beechwood Medical Centre
Caritas Group Practice
Keighley Road Surgery
Plane Trees Group Practice

Care Support Tool

This support document is designed as a tool to help you and your family/carers think about how things are at the moment and share any ideas you have that you think would help you to live better. Please take your time to think through the questions and write down any thoughts and ideas you have. You can then discuss these ideas with the Personalised Care Team member. They can advise and refer you onto other services and pass any relevant information to your surgery.

How are you doing?

Overall, how do you feel you are coping at the moment?



I am not coping so well



I am doing OK



I feel well

Do you have any concerns?

These are some things we know can be important to people living with cancer. Please highlight the areas of particular concern to you at the moment.

Please tick any which apply to you

Mobility

Lifestyle issues

Feeling down or stressed

Sex and relationships

What the future holds

Feeling isolated

My help at home

Work-related issues

Finances & Housing

Travelling for treatment/ appointments

Taking medications/side effects

Support for my family or carers

Treatment choices

Eating and drinking

How can things be improved?

Please use the space in the boxes below to write down any of your thoughts:

What is important to you to help you to live better with cancer? What needs to change?

Do you have any questions that you would like answered?

Is there anything that you feel isn't working so well?